

PRODUCT SHEET

Sleep Pods

GoSleep sleep pods for offices, hospitals, universities, airports, control rooms and public places in Dubai and across the UAE. Delivered, installed and serviced by SABZ.

OVERVIEW

Rest that keeps shift workers safe

Sleep pods are power-nap units that give staff a private place to recharge. Fatigue causes errors. For doctors on long shifts, control room operators and staff working nights, a 20-minute rest can restore alertness, and a sleep pod gives that rest without needing a separate bedroom.

You lie down inside the pod and slide the privacy cover closed. The cover is breathable and dimly translucent but not see-through, and the pod is naturally ventilated, so the air inside stays as fresh as the room.

Why use them: better focus, a quieter space to recover, and a safer, more alert team.



FEATURES

What every pod gives you

Modern, compact design
Fits into an office corner, an on-call room or a lounge.

Comfortable interior
A quiet, private space to recharge.

Built-in features
Lighting, ventilation and power outlets inside the pod.

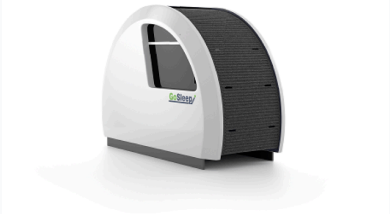
Ideal for many environments
Offices, universities, hospitals and public places.



GoSleep pod, dark finish
Upholstered pod with slide-down privacy cover.



GoSleep pod, light finish
Light upholstery for bright offices and lounges.



Privacy cover closed
Breathable, not see-through, naturally ventilated.

MODELS

Choose the right pod

Model	Best for	Key features
GoSleep Recovery Pod	Offices, hospitals, 24/7 workplaces	Closed, private pod for lying down, breathable privacy cover, natural ventilation, storage under the mattress
GoSleep Recovery Pod Pro	Hospitals, airports, high-use areas	Specification on request
GoSleep Iglooo Pod	Offices and lounges	Specification on request

Specification	Detail
Interior	Mattress for lying down, storage under the mattress
Privacy	Slide-down cover, breathable and not see-through
Built-in features	Lighting, ventilation and power outlets (by model)
Dimensions and weight	Supplied with the quotation for the chosen model
Power supply	Confirmed for the chosen model and options
Finishes	Upholstery colours confirmed with the order
Installation	Delivered, assembled and tested on site by SABZ

Where they are used

Offices
Wellbeing spaces for long workdays and travelling staff.

Hospitals
On-call rest in emergency departments, ICUs, patient wards and night-shift cabins.

Airports and lounges
Paid or premium rest for transit passengers.

Control rooms
Fatigue management for 24-hour operations teams.

Universities
Quiet rest space for students and researchers.

Public places
Rest areas in malls, transport hubs and public buildings.

Dimensions, weight and power data are confirmed for the exact model in your quotation.

GET IN TOUCH

Ask for a quote or a free site survey

Tell us what you need, where it is going and when. We reply within one working day with a recommendation and a priced quotation.

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